STATE OF LOUISIANA OFFICE OF GROUP BENEFITS Coverage Per

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Active Employees | Plan Type: HMO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsla.com/ogb</u> by calling **1-800-392-4089**.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?Network Providers: \$0 per Person/per Family per Calendar Year; Non-Network Providers: \$1,000 per Person/ \$3,000 per Family per Calendar Year		You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the Common Medical Event chart for how much you pay for covered services after you meet the <u>deductible</u> .	
Are there other <u>deductibles</u> for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.	
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Yes. <b>Network Providers:</b> \$1,000 per Person per Calendar Year; \$3,000 per Family per Calendar Year <b>Non-Network Providers:</b> \$4,000 per Person /\$12,000 per Family per Calendar Year	The <b><u>out-of-pocket limit</u></b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the out-of-pocket limit?Premiums, Member Cost Share, Balance Billed Charges, and Health Care this plan doesn't cover.		Even though you pay these expenses, they don't count toward the <u>out-</u> <u>of-pocket limit</u> .	
Is there an overall annual limit on what the plan pays?	No.	The Common Medical Event chart describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.	
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a full listing of network providers, see <u>www.bcbsla.com/ogb</u> or call <b>1-800-392-</b> <b>4089.</b>	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the Common Medical Event chart for how this plan pays different kinds of <b>providers</b> .	
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.	

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Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed in Excluded Services & Other Covered Services. See your policy or plan document for additional information about <u>excluded services</u> .
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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Preferred **providers** by waiving or charging you lower **<u>deductibles</u>**, **<u>copayments</u>** and <u><u>coinsurance</u> amounts.</u>

Common Medical Ever	nt	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
		Primary care visit to treat an injury or illness	\$15 copayment per visit	30% coinsurance after deductible	None
If you visit a h care <u>provider's</u>		Specialist visit	\$25 copayment per visit	30% coinsurance after deductible	None
or clinic	<u>s</u> onice	Other practitioner office visit	\$25 copayment per visit	30% coinsurance after deductible	None
		Preventive care/screening	No Cost	30% coinsurance after deductible	None
If you have a t	toot	Diagnostic test (x-ray, blood work)	0% coinsurance	30% coinsurance after deductible	None
If you have a test		Imaging (CT/PET scans, MRIs)	\$50 copayment per visit	30% coinsurance after deductible	Must obtain authorization.

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### **STATE OF LOUISIANA OFFICE OF GROUP BENEFITS**

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Generic Drugs (\$50 Maximum per 31 day prescription, up to the \$1,200 Out-of-Pocket Maximum per Person per Plan Year)	\$0 after Maximum Out-of- Pocket is met	50% coinsurance –In State 80% coinsurance-Out of State	Appetite suppressant drugs; Dietary supplements; Topical forms of Minoxidil; Retin-A dispensed for a Covered Person over age 26;
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available by calling OGB Customer Service at (800)272-8451	Brand Name Drugs (\$50 Maximum per 31 day prescription, up to the \$1,200 Out-of-Pocket Maximum per Person per Plan Year)	\$15 after Maximum Out-of- Pocket is met	50% coinsurance –In State 80% coinsurance-Out of State	Amphetamines dispensed for diagnoses other than Attention Deficit Disorder or Narcolepsy; Nutritional or parenteral therapy; Vitamins and minerals; Drugs available over the counter; Serostim dispensed for any diagnoses or therapeutic purposes other than AIDS wasting; Drugs prescribed for treatment of impotence, except following the surgical removal of the prostate gland; Glucometers.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$100 copayment per visit	30% coinsurance after deductible	None
surgery	Physician/surgeon fees	0% coinsurance after deductible	30% coinsurance after deductible	None
	Emergency room services	Facility - \$100 copayment Non-Facility Charges – 0%	Facility - \$100 copayment Non-Facility Charges – 0%	Facility copayment waived if admitted
If you need immediate medical attention	Emergency medical transportation	Ground-\$50 copayment per trip: Air-\$250 copayment per trip	Ground-\$50 copayment per trip: Air-\$250 copayment per trip	For emergency medical transportation only.
	Urgent care	\$25 copayment per visit	30% coinsurance after deductible	None

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If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 copayment per day; maximum of \$300 per admission	30% coinsurance after deductible	Must obtain authorization.
Stay	Physician/surgeon fee	0% coinsurance after deductible	30% coinsurance after deductible	None
	Mental/Behavioral health outpatient services	\$15 copayment per visit	30% coinsurance after deductible	None
If you have mental health, behavioral	Mental/Behavioral health inpatient services	\$100 copayment per day; Maximum of \$300 per admission	30% coinsurance after deductible	Must obtain authorization.
health, or substance abuse needs	Substance use disorder outpatient services	\$15 copayment per visit	30% coinsurance after deductible	None
	Substance use disorder inpatient services	\$100 copayment per day; Maximum of \$300 per admission	30% coinsurance after deductible	Must obtain authorization.
	Prenatal and postnatal care	\$90 copayment per pregnancy	30% coinsurance after deductible	None
If you are pregnant	Delivery and all inpatient services \$100 copayment per day; Maximum of \$300 per admission		30% coinsurance after deductible	Authorization may be required if the mother's length of stay exceeds 48 or 96 hours following a vaginal or caesarean delivery, respectively.

Your Cost If You Use an

**In-network Provider** 

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>www.bcbsla.com</u> or <u>www.healthcare.gov</u> or call 1-800-392-4089 to request a copy.

Common

**Medical Event** 

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**Services You May Need** 

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Limitations &

**Exceptions** 

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Your Cost If You Use an

**Out-of-network** 

Provider

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Home health care	\$0 copayment	30% coinsurance after deductible	Must obtain authorization. Services limited to 150 visits per year.
	Rehabilitation services	\$15 copayment per visit regardless of provider type or location	30% coinsurance after deductible	Speech Therapy - Must obtain authorization.
If you need help recovering or have	Habilitation services	\$15 copayment per visit regardless of provider type or location	30% coinsurance after deductible	Speech Therapy - Must obtain authorization.
other special health needs	Skilled nursing care	\$100 copayment per day; Maximum of \$300 per admission	30% coinsurance after deductible	Must obtain authorization. Limited to 120 days per year.
	Durable medical equipment	20% coinsurance of first \$5,000 Allowable per year; 0% coinsurance of Allowable in excess of \$5,000 per year.	30% coinsurance after deductible	Must obtain authorization for durable medical equipment greater than \$750.
	Hospice service	0% coinsurance	30% coinsurance after deductible	Must obtain authorization.
If some shild as a la	Eye exam	No Cost	30% coinsurance after deductible	Limited to one (1) eye exam per year.
If your child needs dental or eye care	Glasses	Frames limited to a maximum benefit of \$50	Frames limited to a maximum benefit of \$50	Purchased within 6 months following cataract surgery.
	Dental check-up	Not Covered	Not Covered	Not Covered

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#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery
- Dental Care (Adult)
- Hearing Aids (Adult)

- Infertility Treatment
- Long-Term Care
- Private-Duty Nursing

- Routine Foot Care (except for Diabetes)
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic Care

• Non-emergency care when traveling outside • Routine Eye Care the United States

Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-392-4089. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Blue Cross and BlueShield of Louisiana at 1-800-599-2583 or <u>www.bcbsla.com</u> OR the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.** 

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

——To see examples of how this plan might cover costs for a sample medical situation, see the next page.—————

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#### About these Coverage **Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)			
<ul> <li>Amount owed to provider</li> <li>Plan pays \$7,077</li> <li>Patient pays \$463</li> <li>Sample care costs:</li> </ul>	<b>s:</b> \$7,540		
Hospital charges (mother)	\$2,700		
Routine obstetric care	\$2,100		
Hospital charges (baby)	\$900		
Anesthesia	\$900		
Laboratory tests	\$500		
Inpatient Medications	\$200		
Radiology	\$200		
Vaccines, other preventive	\$40		
Total	\$7,540		
Patient pays:			
Deductibles	\$0		
Co-pays	\$313		
Coinsurance	\$0		
Limits or exclusions	\$150		
Total	\$463		
	·		

#### Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,321
- Patient pays \$1,079

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and	\$1,300
Supplies	\$1,300
Office Visits	\$250
Procedures	\$450
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$0
Co-pays	\$864
Coinsurance	\$136
Limits or exclusions	\$79
Total	\$1,079

#### Questions: Call 1-800-392-4089 or visit us at www.bcbsla.com/ogb.

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>.

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